

### ABSTRACT OF THE DISCLOSURE

Compositions useful in relieving withdrawal symptoms and acute and later craving in nicotine dependent/ habituated persons are provided that includes an herbal component. That herbal component provides one or more naturally occurring nicotine agonists, and zero to trace amounts of nicotine (unless explicitly formulated with some designated amount of nicotine plus the herbal component). The compositions are explicitly designed to disperse and have the active principle(s) absorbed in the oral cavity.